

# TRAINING COURSES

# 2026

[www.spectrumtrainingsolutionsllc.com](http://www.spectrumtrainingsolutionsllc.com)



## NEW THIS YEAR

**Behavior-Based Tactics: Rethinking Control and Compliance in Special Needs Calls - 4 hrs**

**Beyond Office Hours: Supporting Student Mental Health & Success in the College Classroom - 4 hrs**

**Decisions Under Pressure: 2-Day Immersive Training with MILO - 2 days**

**Lights, Sirens, and Lawn Chairs: Embracing the Slow Lane - 4 or 8 hrs**

**Tactical Awareness: Suicide Prevention as an Operational Readiness Skill - 2 hrs**

**The New Kids Are Here: How to Lead Gen Z Without Becoming a Meme**

**The Real Cost of Getting Out: Planning for Retirement While You're Still in the Game - 4 hrs**

## BEST SELLERS

**Calming the Chaos: Interpersonal Communication for First Responders - 2 hrs**

**Cultural Competence: Enhancing Community Trust and Effective Engagement - 2 hrs**

**Identifying Mental Health Symptoms and How to Effectively Communicate & Practical Self-Care for First Responders - 2 hrs**

**Maximizing Interactions with the Special Needs Community - 2 or 4 hrs**  
**Online or in-person**

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**Sheriff Mike Murphy,  
Livingston County  
Sheriff's Office**

*"With over 120 cops attending, we had 0 complaints on the material or instruction. If you've been in public safety for any length of time, this statement tells you everything you need to know."*

## ALSO OFFERED

**Building Trust and Understanding with College Students - 2 or 4 hrs**

**Empowered Care: Strategies for First Receivers in Treating Patients with Special Needs - 4 hrs**

**Understanding Implicit Bias and its Impact on First Responders - 2 hrs**

**The Hidden Side of Real Estate: Behavioral Red Flags, Difficult Clients, and Staying Resilient**