

TRAINING COURSES 2027

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**SPECTRUM
TRAINING
SOLUTIONS**

NEW THIS YEAR



Hidden in Plain Sight: Human Trafficking - 4 hours

Protect & Respect: Preventing Harassment and Discrimination in the Workplace - 2 hours

Supporting Mental Health Through Connection, Communication, and Crisis Response - 2 hours

The Digital Badge: Social Media, Leadership, and Public Trust - 4 or 8 hours

BEST SELLERS

Calm the Chaos: Interpersonal Communication for First Responders - 2 hours (Q61I)

Identifying Mental Health Struggles and Practical Self-Care for First Responders - 2 hours (Q62I)

Maximizing Interactions with the Special Needs Community - 2 or 4 hours (Q61X)

The New Kids Are Here: How to Lead Gen Z Without Becoming a Meme - 2 hours (Q62X)

The Real Cost of Getting Out: Planning for Retirement While You're Still in the Game - 4 hours

ALSO OFFERED

ASD Across Genders: Considerations for High-Risk Encounters - 2 hours (Q75G)

Cultural Competence: Enhancing Community Trust and Engagement - 2 hours (Q75G)

Implicit Bias and its Impact on First Responders - 2 hours (Q62J)



**FF/Paramedic
Lansing Fire
Department**

"I really appreciated her down to earth, blunt realness. Probably one of the best classes I've attended in my 17 years in the fire service."

"The info is all very important; however, the instructor is what made these courses worth every minute. She's very engaging, personable, and relatable. A natural instructor."



**Captain
Dearborn Heights
Fire Department**

**Dr. Stephanie
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HIGHLIGHTED CLIENTS

