

TRAINING COURSES

www.spectrumtrainingsolutionsllc.com

2025



SPECTRUM TRAINING SOLUTIONS

BEST SELLER

This schedule meets the mental health requirement for 2025 CPEs with MCOLES.

Instructor logs participants in MITN & MiSNAP.

Maximizing Interactions with the Special Needs Community & Alzheimer's Awareness - 2 Hr

302-funded / SNC: STS2024-1303 | Q Course: Q62J

Interpersonal Communication for First Responders - 2 Hr

302-funded / SNC: STS2024-4981 | Q Course: Q61I

Cultural Competency: Enhancing Community Engagement - 2 Hr

302-funded / SNC: STS2024-5030 | Q Course: Q75G

Identifying Mental Health Symptoms and How to Effectively Communicate + Self-Care for First Responders - 2 Hr

302-funded | SNC: STS2021-1548 | Q Course: Q62I

ABOUT THE INSTRUCTOR

- Prior military police officer (Navy);
- Doctorate of Business Psychology;
- 20 years experience with special needs population;
- SME in creating engaging, practical, and interactive courses;
- Trained 3,000 first responders



Every first responder needs this training; I can't recommend her more. Her courses are a game changer.

Dana Welch
Security Manager at Henry Ford Health

Dr. Stephanie Zoltowski-Siordia
Founder & Training Consultant



Phone: 248.763.8633

Email: spectrumtrainingsolutionsllc@gmail.com

HIGHLIGHTED CLIENTS



U.S. Customs and Border Protection

